

Week Two

Resource Sheet



Key Resources

✓ Local Conservation District – Local Support & Resources

Provides resources for landowners and farmers such as rainwater collection, irrigation practices, and water conservation methods for home gardeners.

Links → wvca.us/map.cfm

✓ USDA Natural Resources Conservation Service – Soil Health & Conservation

Provides foundational information on soil health, water conservation, and sustainable land practices that support long-term crop production.

Links → nrcs.usda.gov/state-offices/west-virginia

✓ WVU Extension – Home Gardening & Sustainability Guides

Offers practical guidance on starting and maintaining home gardens in West Virginia, including soil preparation, planting, and seasonal care.

Links → extension.wvu.edu/lawn-gardening-pests/gardening
extension.wvu.edu/lawn-gardening-pests/garden-calendar

✓ EPA – Composting at Home

Introduces composting basics, including materials, methods, and benefits for improving soil health.

Links → epa.gov/recycle/composting-home

This week's resources introduce participants to sustainable agriculture practices, including soil health, composting, water conservation, and home gardening. Guides from WVU Extension and conservation organizations provide practical, easy-to-follow information for starting and maintaining a sustainable garden.

Workshop materials such as composting guides, rain barrel resources, and garden planning tools support the hands-on activity, helping participants apply what they learn and begin incorporating sustainable practices at home.