

Weekly Wormsheet: It All Begins with a Seed



NAME: _____

DATE: _____

1. Fun Facts About Seeds:

Read these facts and then answer the questions below!

- Some seeds are so tiny they look like dust, but each can grow into a plant.
- Seeds take “naps” and wake up when they get water, sunlight, and air.
- Sunflowers can have over 2,000 seeds in one head!
- Seeds can travel by water, air, or animals.
- Corn, beans, peas, and nuts are all seeds we eat.

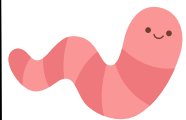
Questions:

1. Which seed fact do you think is the coolest? _____
2. Name one seed that you eat at home: _____

2. Seed Exploration:

Activity: Pick a seed (bean, corn, sunflower, etc.) and observe it.

- Draw your seed here:
- What color is your seed? _____
- What shape is your seed? _____
- Imagine what your seed might grow into: _____



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3. Plant a Seed:

If you can, plant a seed in a cup or small pot. Water it and place it in sunlight.

- What will you name your plant? _____
- How will you take care of it this week? _____

4. Agriculture Around Us:

Think about this: Farmers grow crops and raise animals. Everything starts with seeds!

- Can you name two things that come from seeds besides food?
a. _____
b. _____
- Draw a picture of a farm showing seeds growing into plants:

5. Reflection Question:

Why do you think seeds are important for people, animals, and the Earth?
